

Alpe Adria Orienteering Cup 2016

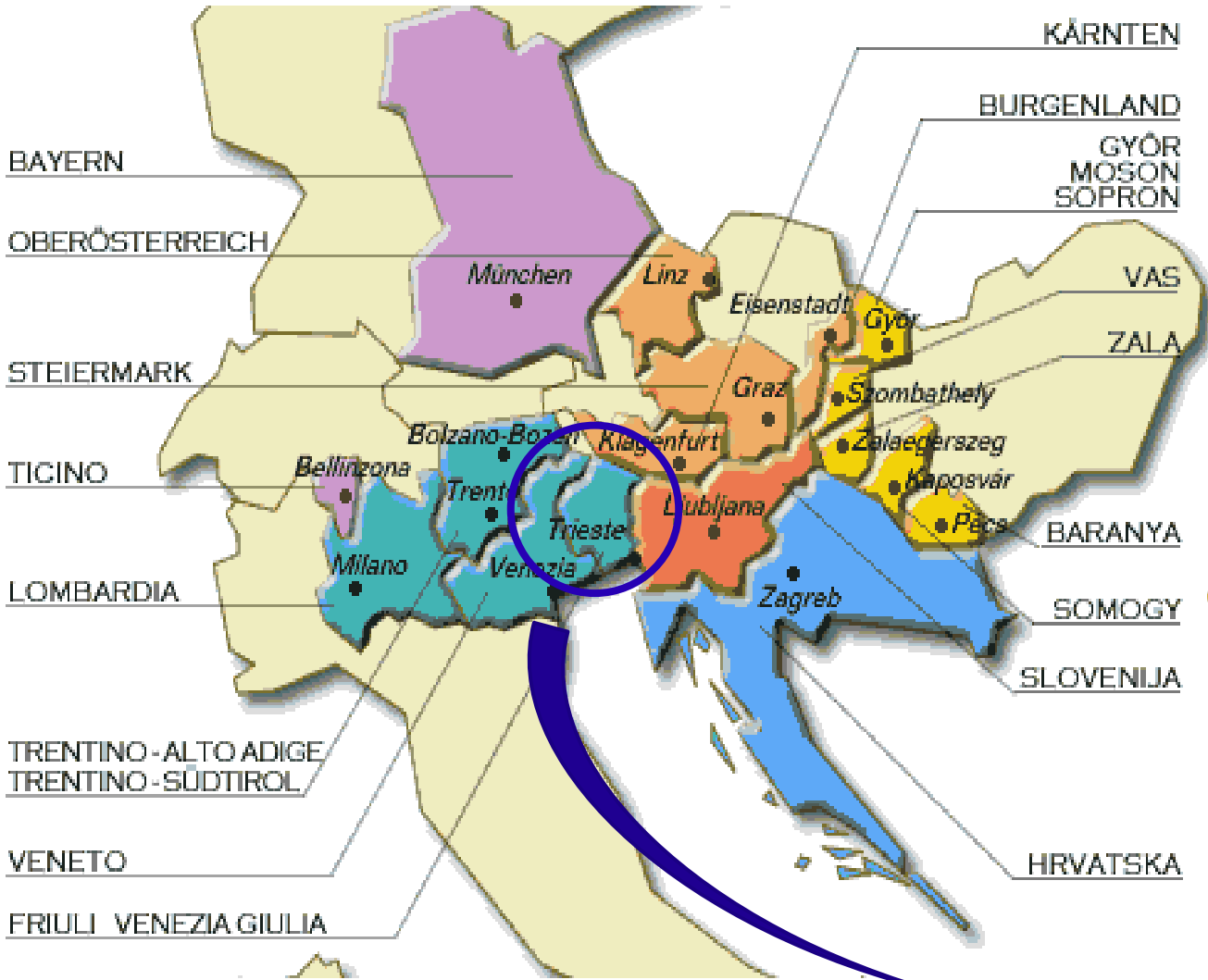
Friuli Venezia Giulia

21st – 25th September 2016



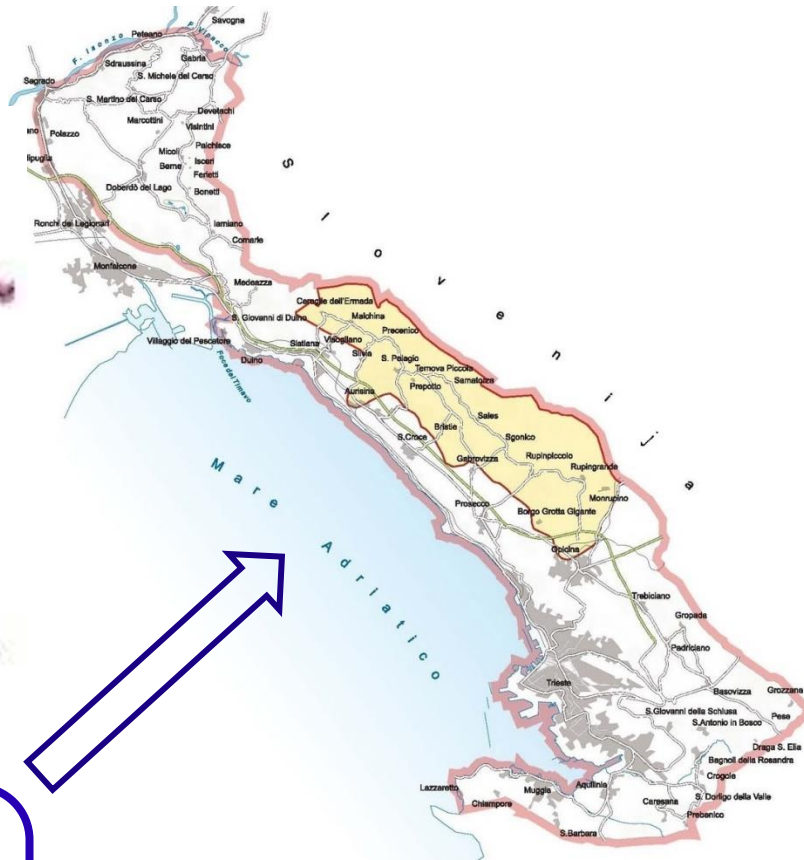
www.fisofvg.it

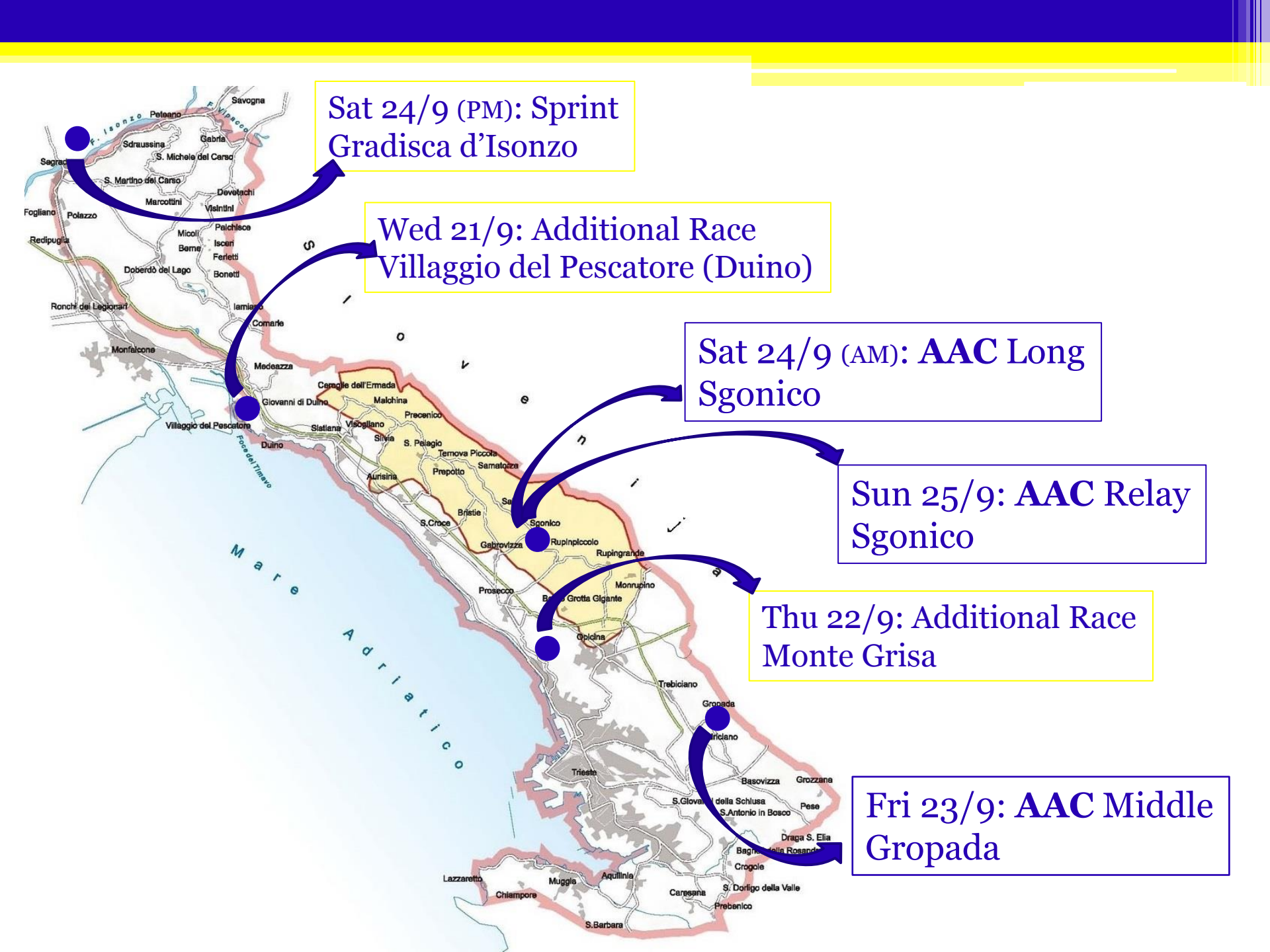
AAC members



**Friuli
Venezia
Giulia**





A map of the Trieste region in Italy, showing various municipalities and the coastline along the Adriatic Sea. Five callout boxes with blue arrows point to specific locations: 1. A box at the top left points to the area around Sagrado and S. Michele del Carso. 2. A box in the upper middle points to Villaggio del Pescatore. 3. A box in the middle right points to Sgonico. 4. A box in the lower middle points to Monte Grisa. 5. A box at the bottom right points to Gropada. The map includes labels for numerous towns and villages, such as Sagrado, S. Michele del Carso, Villaggio del Pescatore, Sgonico, and Gropada.

Sat 24/9 (PM): Sprint
Gradisca d'Isonzo

Wed 21/9: Additional Race
Villaggio del Pescatore (Duino)

Sat 24/9 (AM): AAC Long
Sgonico

Sun 25/9: AAC Relay
Sgonico

Thu 22/9: Additional Race
Monte Grisa

Fri 23/9: AAC Middle
Gropada

Programme

Stage	Day	Location	Competition format	Event
1	Wednesday 21st Sept	Villaggio del Pescatore		Additional Race
2	Thursday 22nd Sept	Monte Grisa		Additional Race
3	Friday 23rd Sept	Gropada	Middle Distance	Alpe Adria Cup WRE
4	Saturday (morning) 24th Sept	Sgonico	Long Distance	Alpe Adria Cup Italian Championship WRE
5	Saturday (afternoon) 24th Sept	Gradisca d'Isonzo	Sprint	Additional Race
6	Sunday 25th Sept	Sgonico	Relay	Alpe Adria Cup Italian Championship

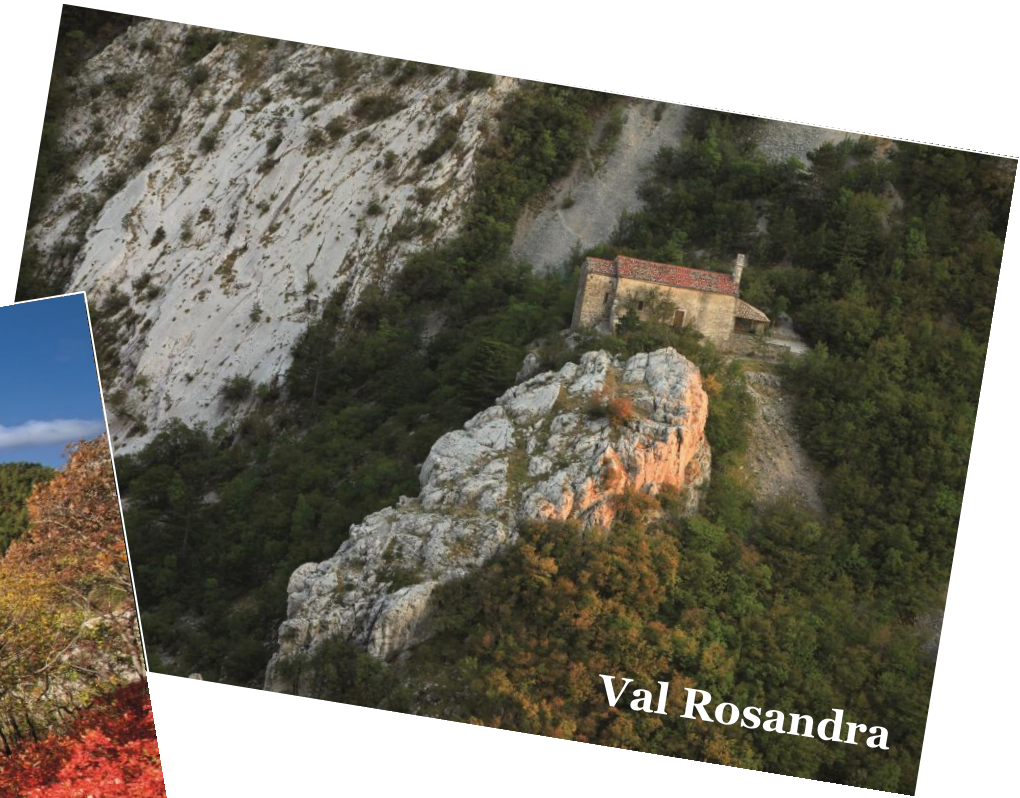
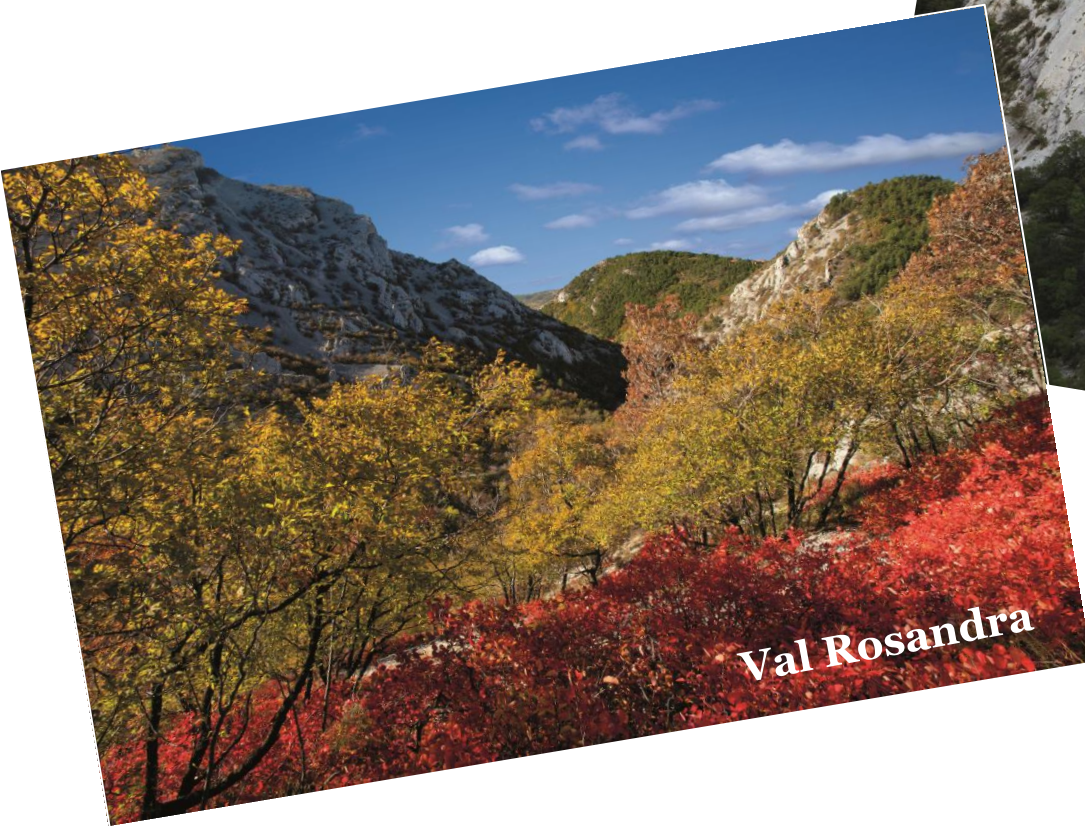
Except for the main events (AAC), this programme may be subject to change.

«Cinque Giorni del Carso»

«Five Days on Karst»

1	Wednesday 21st Sept	Villaggio del Pescatore	DAY 1
2	Thursday 22nd Sept	Monte Grisa	DAY 2
3	Friday 23rd Sept	Gropada	DAY 3
4	Saturday (morning) 24th Sept	Sgonico	DAY 4
5	Saturday (afternoon) 24th Sept	Gradisca d'Isonzo	
6	Sunday 25th Sept	Sgonico	DAY 5

Carso Triestino



Stage 1

Wednesday
the **21st** of September 2016

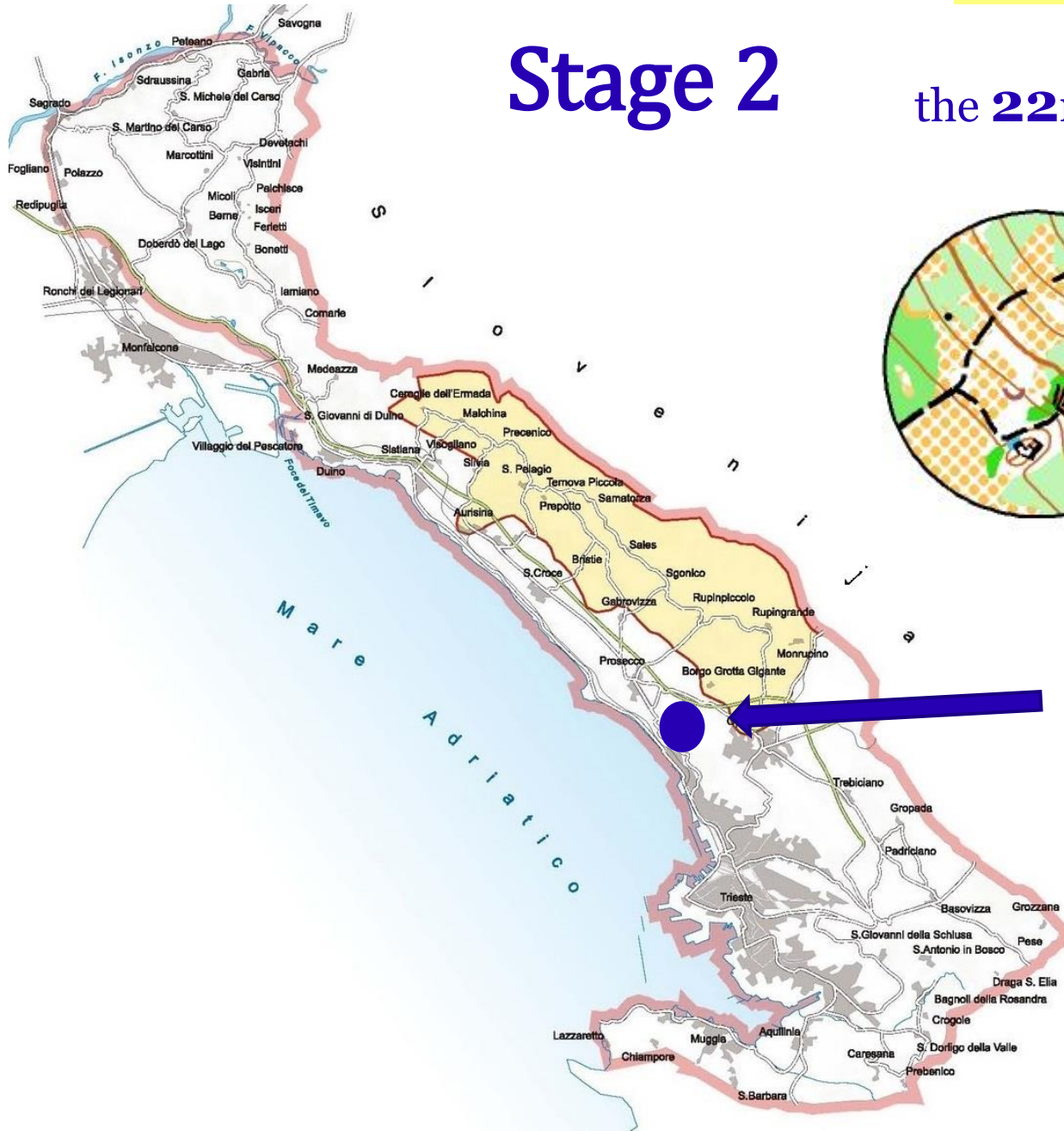
Villaggio del Pescatore (Duino)



Additional
Race

Stage 2

Thursday
the **22nd** of September 2016



Monte Grisa

Additional
Race

Stage 3

Friday
the 23rd of September 2016

Gropada



Stage 3 (further details)

Location: **Gropada**

Competition format: **MIDDLE distance**

Event: Alpe Adria Cup
WRE

Map: «Gropada», drawn by Cesare Tarabocchia in 2012



Stage 4

Saturday morning
the 24th of September 2016

Sgonico



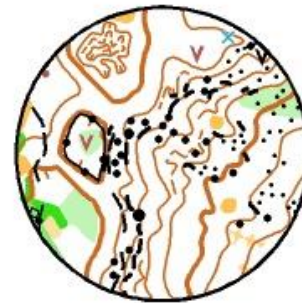
Stage 4 (further details)

Location: **Sgonico**

Competition format: **LONG distance**

Event: Alpe Adria Cup
WRE
Italian Championship

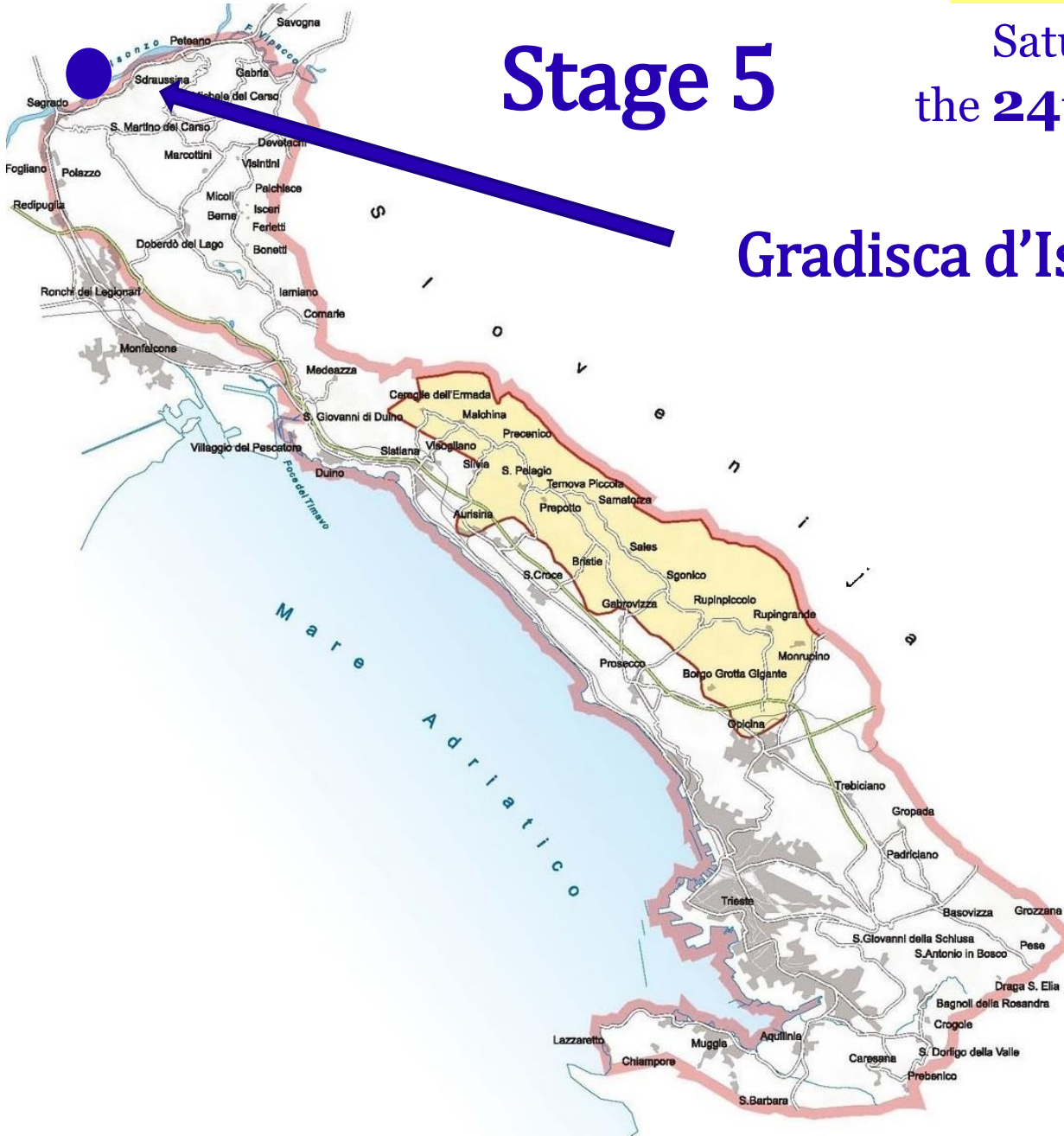
Map: «Sgonico», drawn by Cesare Tarabocchia in 2014



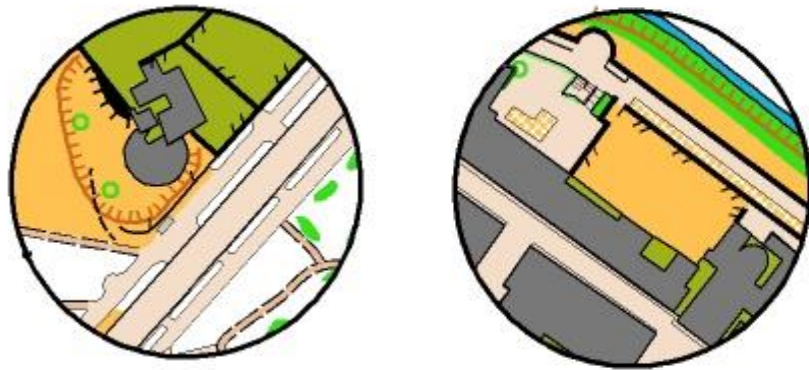
Stage 5

Saturday (afternoon)
the **24**th of September 2016

Gradisca d'Isonzo



Stage 5 (further details)

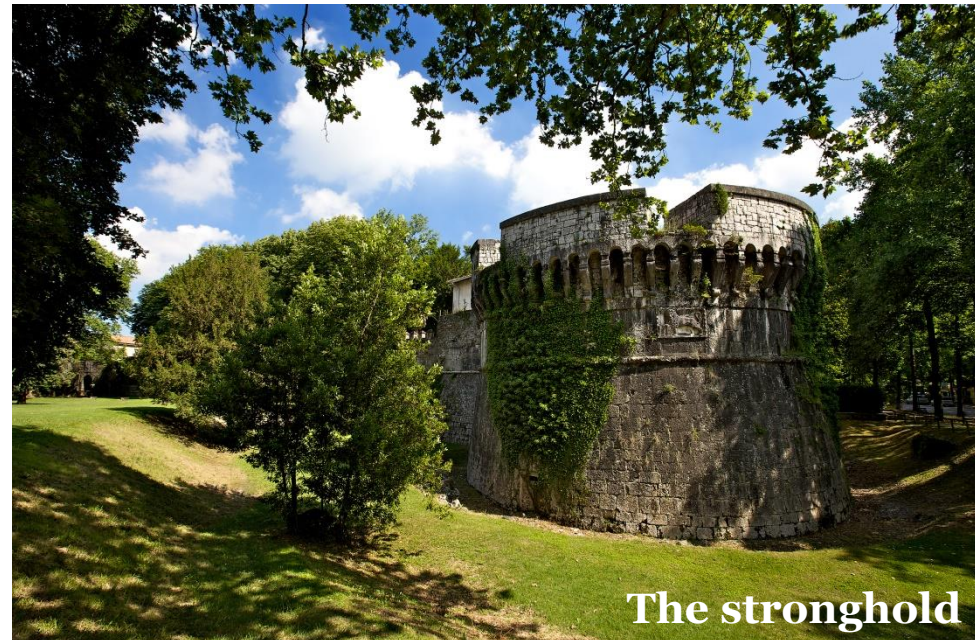


Location: **Gradisca d'Isonzo**

Competition format: Sprint

Event: Additional Race

The theatre



The stronghold

Stage 6

Sunday
the 25th of September 2016

Sgonico



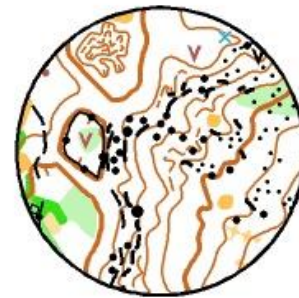
Stage 6 (further details)

Location: **Sgonico**

Competition format: **Relay**

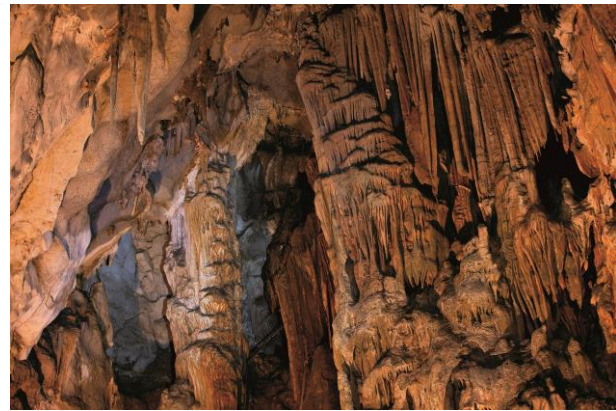
Event: Alpe Adria Cup
Italian Championship

Map: «Sgonico», drawn by Cesare Tarabocchia in 2014





The surroundings:
where to go, what to do and to see...



Grotta Gigante



Castello di Duino



Castello di Miramare

Trieste



Piazza Unità d'Italia



Molo Audace



Waiting for you...



Trieste's lighthouse

Vas

Burgenland

Győr-Moson-Sopron

Bayern

Zala

Hrvatska

Lombardia

Oberösterreich

Slovenija

Somogy

Steiermark

Ticino

Trentino

Südtirol

Veneto

Baranya

Kärnten

welcome to Friuli Venezia Giulia !

Photos:

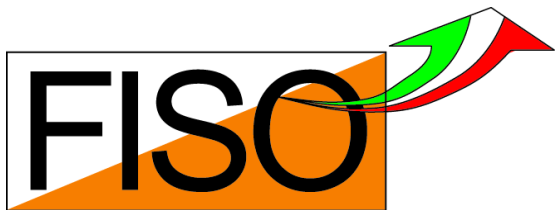
Page 7: Anja Cop

Page 15: Luigi Vitale

Page 18, from the top left: Luigi Vitale, Anja Cop, Marco Milani, Anja Cop

Page 19, from the top right: Marco Milani, Anja Cop, Anja Cop

Page: 20: Marco Milani



www.fisofvg.it